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**WHO (Women Helping Others®) Foundation Awards
\$156,000 in grants to 10 women's and children's charities**

Dallas – The WHO Foundation, dedicated to serving women, children and families in need, recently awarded \$156,000 to 10 nonprofit organizations throughout the United States.

“One of the most rewarding parts of WHO is the support received from BeautiControl, Inc., and BeautiControl Independent Consultants and Associates through their generous donations,” said WHO Foundation Executive Director Cindy Turek. “Because of their continued support we are able to help thousands of women and children across the United States and Puerto Rico. We are truly grateful for their kindness and caring.”

Many homebound seniors receive nutritious hot meals from the **Meals on Wheels of Asheville of Buncombe County** in Asheville, North Carolina. But with more than 500 clients and 38 different routes, safe transportation of these meals was becoming difficult. A portion of the recently awarded \$26,000 WHO grant will be used to purchase 84 new NSF-approved meal transporters and the remaining funds will be used to purchase additional food.

Helping Hands for Single Moms in Peoria, Arizona, helps low-income single moms going to college with various financial and emotional needs. While Pell grants help with tuition, many out-of-pocket expenses such as books and supplies are quite a burden. A \$25,000 WHO grant will purchase \$100 college bookstore gift certificates for 250 of these single moms.

My Stuff Bags Foundation in Westlake Village, California, provides comfort and help to America's children in crisis, especially those suffering from abuse, neglect and abandonment through their unique program, My Stuff Bags, which provides these children with duffel bags filled with necessary and comforting items. Their \$20,000 WHO grant will be used to purchase these duffel bags and their contents.

With their \$16,000 WHO grant, **Ruth's House of Hope** in Faribault, MN, will be able to cover costs of food, electricity and water for transitional and emergency housing for homeless women and their children. The families that enter Ruth's House have experienced a variety of circumstances that have led to their homelessness, primarily domestic violence, mental illness, chemical dependency, poverty or a combination of these factors.

The Hiding Place helps pregnant and homeless teens in the Baltimore, MD area by providing temporary shelter along with education, health, and job readiness services. The \$15,000 WHO grant will be used to purchase mattresses, personal care items, and 2 computers for job searches and computer skills.

Local Infant Formula for Emergencies (LIFE) in Houston, TX will use their \$15,000 WHO grant to purchase infant formula and baby food for low-income families. Since food pantries and shelters rarely stock infant formula due to the expiration dates and high costs, it is up to LIFE to help these families in need.

Women of Worth, Cedar Ridge, CA seeks to assist families in crisis, especially those escaping domestic violence and sexual assault. Their \$15,000 WHO grant will be used to fund the Fresh Start Housing program, providing move-in costs for new permanent housing for those escaping domestic violence situations.

A \$10,000 WHO grant to **Rocky Mountain Cancer Centers Foundation** in Lakewood, CO, will be used to help female cancer patients and their families in the Financial Assistance Program. These funds will help cover rent, food, utilities and more.

In the Glendale, California area, there are approximately 10,000 children without health insurance. **Glendale Healthy Kids** provides quality health care and education to these uninsured children. Their \$10,000 WHO grant will be used to purchase toothpaste, toothbrushes, flossers, prescriptions/eyeglasses and asthma education booklets.

At the **Grand Rapids Wheelchair Sports Association**, physically disabled children in the Grand Rapids, MI area can participate in various wheelchair activities, improving their physical and emotional health. The \$4,000 WHO grant will be used to purchase 2 sports wheelchairs for physically disabled children between 6-18 years of age to participate in wheelchair tennis and basketball.

The WHO Foundation is a non-profit charitable organization that was founded in 1993 and born from the philosophy of Women Helping Others. For 15 years, WHO has been giving and making a difference by supporting community-focused charities that serve the overlooked needs of women, children and families. Since its inception, the Foundation has awarded more than \$3.5 million to over 332 organizations throughout the U.S. and Puerto Rico.

For more information, call 1-800-WHO-4-ONE (1-800-946-4663); Write to P.O. Box 816029, Dallas, Texas, 75381-6029; or visit www.whofoundation.org.

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